

virtual



Health Innovation
WEST MIDLANDS

Polypharmacy Workshops



Reviewing and deprescribing medication has a cognitive and emotional toll on Health Care Professionals, yet is vital in reducing adverse drug reactions, pill burden and hospital admissions for patients.

Health Innovation West Midlands are hosting a set of **virtual Polypharmacy Workshops** that will equip you with the **knowledge and skills** to undertake Structured Medication Reviews (SMRs) **confidently**, deprescribe **safely** where appropriate and most importantly will help you make the **best use of your most valuable and limited resource: Time**

Who can attend: Any health care professional that **regularly conducts SMRs in primary care settings.**

Where: Microsoft Teams

	Workshop 1	Workshop 2	Workshop 3	Day of week	Time	Registration link
Cohort A	Full	Full	Full	Full	Full	Fully Booked
Cohort B	Full	Full	Full	Full	Full	Register on Eventbrite: Register Here
Cohort C	Full	Full	Full	Full	Full	
Cohort D 8 spaces left	8 th Jan 2024	22 nd Jan 2024	5 th Feb 2024	Mondays	9.30am – 12.15pm	
Cohort E 30 spaces	18 th Jan 2024	1 st Feb 2024	15 th Feb 2024	Thursdays	9.30am – 12.15pm	
Cohort F 30 spaces	21 st Feb 2024	28 th Feb 2024	6 th Mar 2024	Wednesdays	9.30am – 12.15pm	
Waiting List	If you can't make the above dates add your name to our waiting list.					Email Jordan.Leith@healthinnovationwm.org to be the first to hear about future dates.



Delivered by practicing pharmacists with a wealth of Polypharmacy experience; this online interactive course is held over three half days (9.30am - 12.15pm) over one month using **Microsoft Teams:**

Session 1:	Session 2:	Session 3: 2-part workshop
<ul style="list-style-type: none">• Definition of Polypharmacy• Understanding the benefits - Why should practices have polypharmacy as a priority area of focus• Outline different ways to identify patients for SMR• Understand a practice level data pack which we provide and discuss how to use this to prioritise workload and make best use of time <p>Begin to create a bespoke Polypharmacy Action Plan</p> <p>Understand how to run an impactful Polypharmacy QI project</p>	<ul style="list-style-type: none">• Why is Polypharmacy challenging• Understanding personal barriers• NICE - How to stop medication safely• Polypharmacy Tools Overview – Tools and resources to support SMRs and deprescribing• Medicolegal stance on stopping medication <p>Start reflective CPD cycles and personal Polypharmacy Pledges</p> <p>Access to Polypharmacy Resources & Toolkit</p>	<ul style="list-style-type: none">• 1st half - Shared decision making• What it is and how to do it well• Introducing the NHSE “preparing for a medication review” patient pack, strategies on using them to best effect and the benefits they can create• 2nd half - Protected time to plan on how to put learning into practice• Protected time to turn your Polypharmacy Action Plan into a Polypharmacy Quality Improvement / Implementation plan
<p>N.B Must attend all 3 sessions</p> <p>CPD Opportunity - Certificate of attendance will be provided once all 3 sessions have been attended.</p>		

Contact Jordan.Leith@healthinnovationwm.org for more information.