

virtual



Health Innovation  
WEST MIDLANDS




Polypharmacy Workshops

Reviewing and deprescribing medication has a cognitive and emotional toll on Health Care Professionals, yet is vital in reducing adverse drug reactions, pill burden and hospital admissions for patients.

Health Innovation West Midlands are hosting a set of **virtual Polypharmacy Workshops** that will equip you with the **knowledge and skills** to undertake Structured Medication Reviews (SMRs) **confidently**, deprescribe **safely** where appropriate and most importantly will help you make the **best use of your most valuable and limited resource: Time**

**Who can attend:** Any health care professional that **regularly conducts SMRs in primary care settings**.

**Where:** Microsoft Teams

	Workshop 1	Workshop 2	Workshop 3	Day of week	Time	Registration link
Cohort A	Full	Full	Full	Full	Full	Fully Booked
Cohort B	Full	Full	Full	Full	Full	Register on Eventbrite: <a href="#">Register Here</a> 
Cohort C	Full	Full	Full	Full	Full	
Cohort D 8 spaces left	8 <sup>th</sup> Jan 2024	22 <sup>nd</sup> Jan 2024	5 <sup>th</sup> Feb 2024	Mondays	9.30am – 12.15pm	
Cohort E 30 spaces	18 <sup>th</sup> Jan 2024	1 <sup>st</sup> Feb 2024	15 <sup>th</sup> Feb 2024	Thursdays	9.30am – 12.15pm	
Cohort F 30 spaces	21 <sup>st</sup> Feb 2024	28 <sup>th</sup> Feb 2024	6 <sup>th</sup> Mar 2024	Wednesdays	9.30am – 12.15pm	
Waiting List	If you can't make the above dates add your name to our waiting list.					Email <a href="mailto:Jordan.Leith@healthinnovationwm.org">Jordan.Leith@healthinnovationwm.org</a> to be the first to hear about future dates.

**Delivered by practicing pharmacists with a wealth of Polypharmacy experience;** this online interactive course is held over three half days (9.30am - 12.15pm) over one month using **Microsoft Teams**:

Session 1:	Session 2:	Session 3: 2-part workshop
<ul style="list-style-type: none"><li>Definition of Polypharmacy</li><li>Understanding the benefits - Why should practices have polypharmacy as a priority area of focus</li><li>Outline different ways to identify patients for SMR</li><li>Understand a practice level data pack which we provide and discuss how to use this to prioritise workload and make best use of time</li></ul> <p>Begin to create a bespoke Polypharmacy Action Plan</p> <p>Understand how to run an impactful Polypharmacy QI project</p>	<ul style="list-style-type: none"><li>Why is Polypharmacy challenging</li><li>Understanding personal barriers</li><li>NICE - How to stop medication safely</li><li>Polypharmacy Tools Overview – Tools and resources to support SMRs and deprescribing</li><li>Medicolegal stance on stopping medication</li></ul> <p>Start reflective CPD cycles and personal Polypharmacy Pledges</p> <p>Access to Polypharmacy Resources &amp; Toolkit</p>	<ul style="list-style-type: none"><li>1<sup>st</sup> half - Shared decision making<ul style="list-style-type: none"><li>What it is and how to do it well<ul style="list-style-type: none"><li>Introducing the NHSE “preparing for a medication review” patient pack, strategies on using them to best effect and the benefits they can create</li></ul></li></ul></li><li>2<sup>nd</sup> half - Protected time to plan on how to put learning into practice<ul style="list-style-type: none"><li>Protected time to turn your Polypharmacy Action Plan into a</li></ul></li></ul> <p>Polypharmacy Quality Improvement / Implementation plan</p>
N.B Must attend all 3 sessions		
CPD Opportunity - Certificate of attendance will be provided once all 3 sessions have been attended.		

Contact [Jordan.Leith@healthinnovationwm.org](mailto:Jordan.Leith@healthinnovationwm.org) for more information.