



Dr Katie Benghe

Aspiring Leaders Fellow – Sustainability

Cohort 4 2023/24

Trinity Court Surgery, Stratford-upon-Avon

Hi, I am Katie. I currently work six sessions as a salaried GP in my hometown of Stratford-upon-Avon. I also work one day a week in a private clinic and am a new GP trainer.

I graduated from Warwick university with a degree in virology and went on to work for a large pharmaceutical company before returning to graduate medicine and trained locally as a GP in the Coventry and Warwick VTS scheme.

I am really excited to take the baton from Poppy and Kirsty in raising the awareness of green practice in primary care in Coventry and Warwickshire.

I think it is the perfect time to be really pushing healthcare in our area to focus on such an important issue. If we don't make changes today, not only will practices suffer but our patient's health will deteriorate as well.

The NHS net zero plan has brought this to the forefront and given the cause a real voice allowing us to now push these issues to the top of the agenda and I am excited by all the possible areas for change, at both practice level and at scale, to really make an impact on our carbon footprint.

I was raised to appreciate the world around me and have respect for the environment by a nature-loving father and now that I am mum to two small children, I want to be supporting a world where they can enjoy the environment around them as I did and hopefully pass on the same values to their children and grandchildren.