

Medicines

National Medicines Safety Improvement Programme – Improving the management of Chronic Pain by reducing harm from opioids

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 @WMAHSN @PtSafetyWM

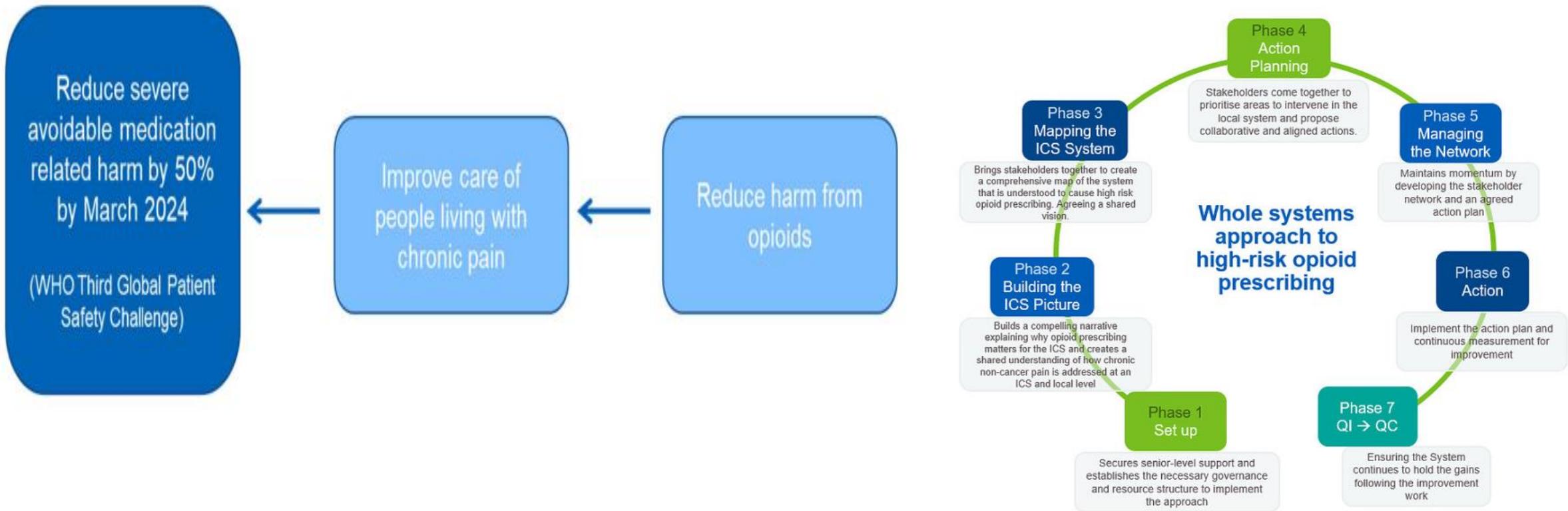
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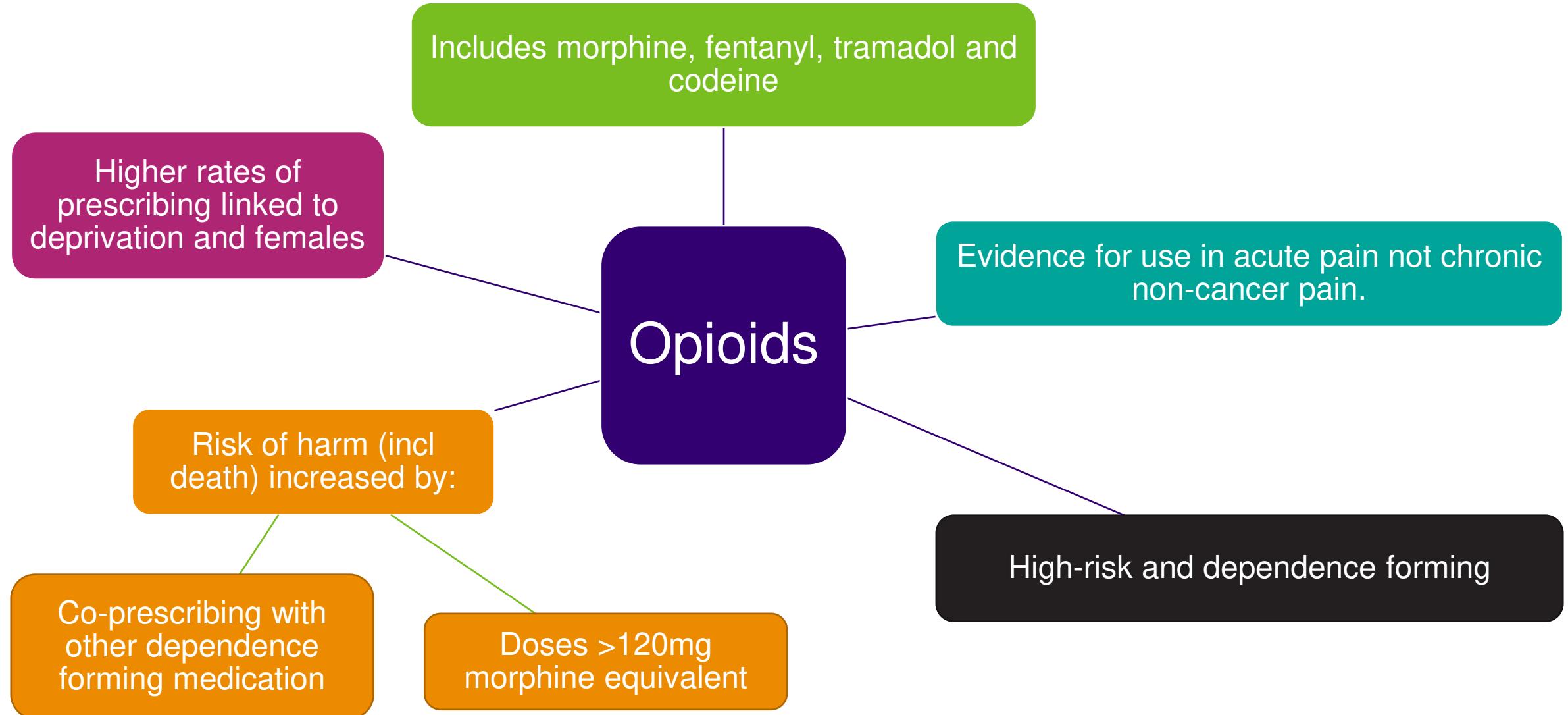
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Medicines Safety Improvement Programme 22/23



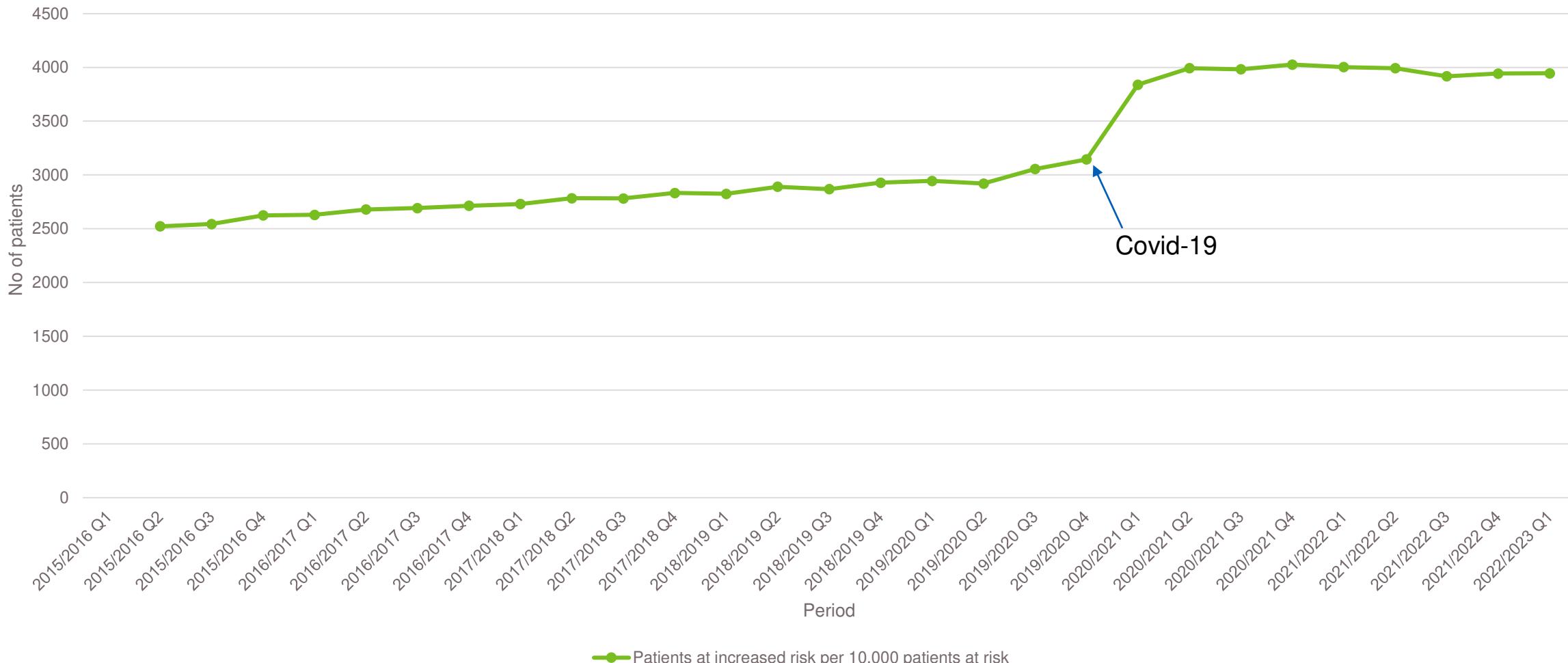
Why is this a focus?



Opioid Prescribing >3 months



Patients at increased risk of hospital admission, and prescribed an oral or transdermal opioid for more than three months
Trend over time at national level

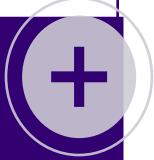


MedSIP opioids - 5 themes



Prevent initiation of opioids for inappropriate indications

Prevent initiation



Ensure opioids are not

- continued for longer than clinically appropriate
- Used at higher dose than clinically necessary

De-escalate



Identify patients taking opioids long term (>3 months) for non-cancer pain and review to identify potentially inappropriate use

Find chronic use



Support deprescribing of potentially inappropriate opioids with appropriate support for patients that includes non-pharmacological support)

Treat (Taper & Support)



Ensure changes to prescribing and the support available to patients are long-term

Sustain



The National Medicines Safety Team predict the following outcomes will be achieved by the end of March 2023 by PSCs working collectively with a minimum of 15 ICSs:

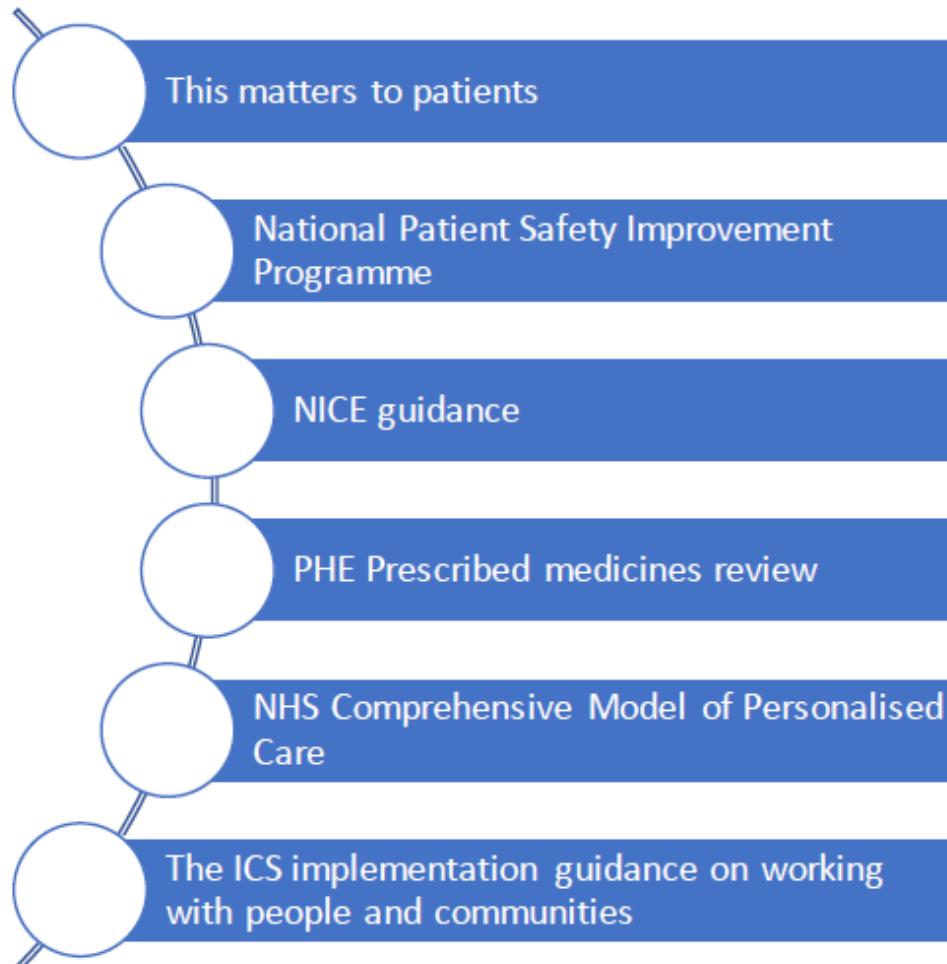
- **30,000 fewer people prescribed oral or transdermal Opioids (of any dose) for more than 3 months**
(NNH 62), estimated to prevent approximately 484 deaths
- **Of this 30,000 at least 4,500 will have been prescribed a high dose (>120mg day ME) and have now stopped**
(NNH 9), estimated to prevent 500 hospital admissions and avoid £1.75M in admission costs



Improving Chronic Pain Management by Reducing Harm from Opioids



DRIVERS FOR ACTION



SUPPORT AVAILABLE:



- There are 7 comparators available to identify patients at most harm from opioid prescribing.
- Uses EPS live data, this enables you to look at patients who have been on opioids for 3 months but not yet 6 months, so you can call them if review and reduce chronic use.
- Demographic view – Gender and Age
- At practice level – You can request patient NHS numbers. Help to identify patients who are deemed to be at risk from harm to be prioritised for a SMR.
- Plan for further iterations

Limitations

- **Dispensing practices**
- **Doesn't include Injectables, and Co-codamol and Co-dydramol**
- **Doesn't exclude EOL or patients with cancer.**

Opioid Prescribing Comparators Dashboard overview - YouTube video
To watch it please go to -
[Opioid Prescribing Comparators Dashboard overview \(YouTube video\)](#)

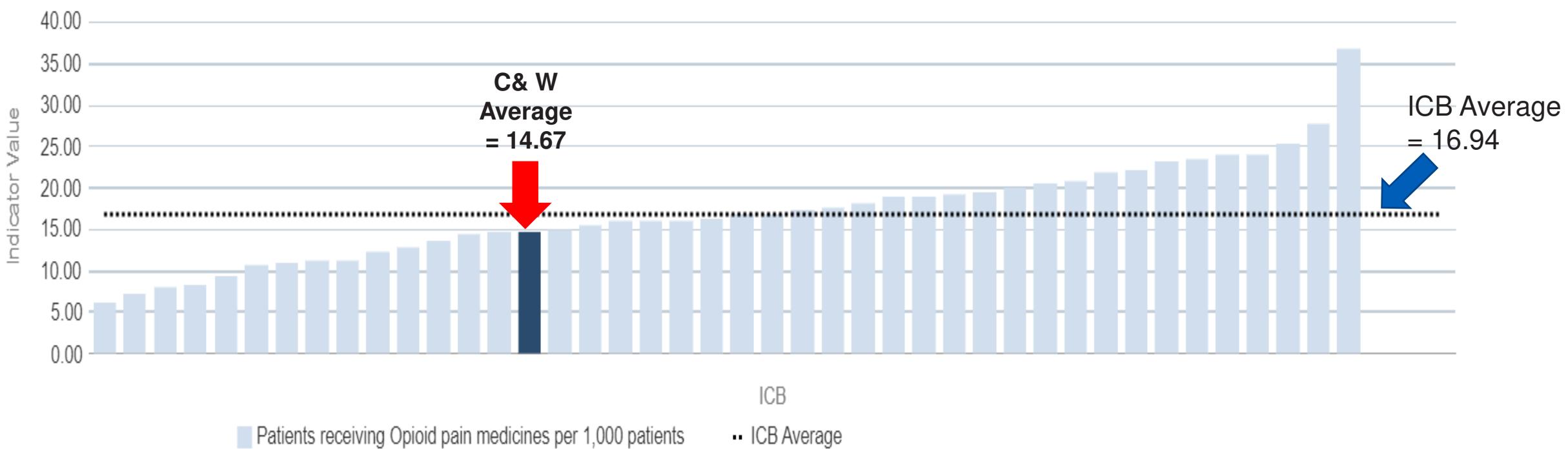
OP01 - Patients receiving opioid pain medicines per 1,000 patients

NHS COVENTRY AND WARWICKSHIRE INTEGRATED CARE BOARD compared to all ICBs

Period 11 July 2022 to 07 August 2022 Gender Female, Male Age Range (All Column Values)

Numerator Definition Denominator Definition

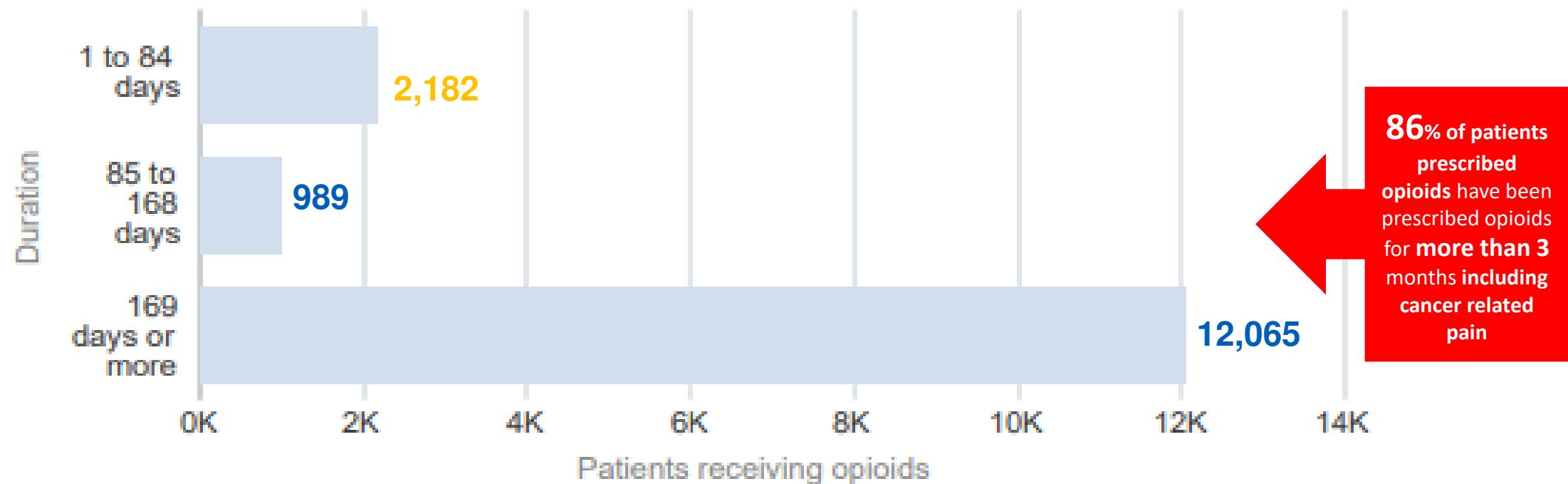
Graph - per 1,000 Patients ▾



* Figures extracted from epact NHS BSA Opioid Dashboard

OP02 - Patients receiving opioid pain medicines by duration**ICB NHS COVENTRY AND WARWICKSHIRE INTEGRATED CARE BOARD****Period 11 July 2022 to 07 August 2020 Gender Female, Male Age Range (All Column Values)**

Source: ePACT2



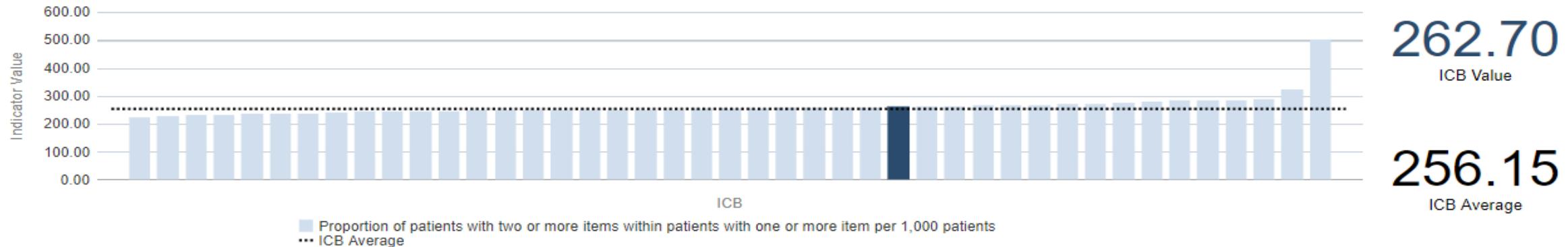
Opioid Data – Multiple items of Morphine Sulphate 10mg/5ml oral solution



OP06 - Multiple items of Morphine sulfate 10mg/5ml oral solution
NHS COVENTRY AND WARWICKSHIRE INTEGRATED CARE BOARD compared to all ICBs
Period 11 July 2022 to 07 August 2020 Gender Female, Male Age Range (All Column Values)

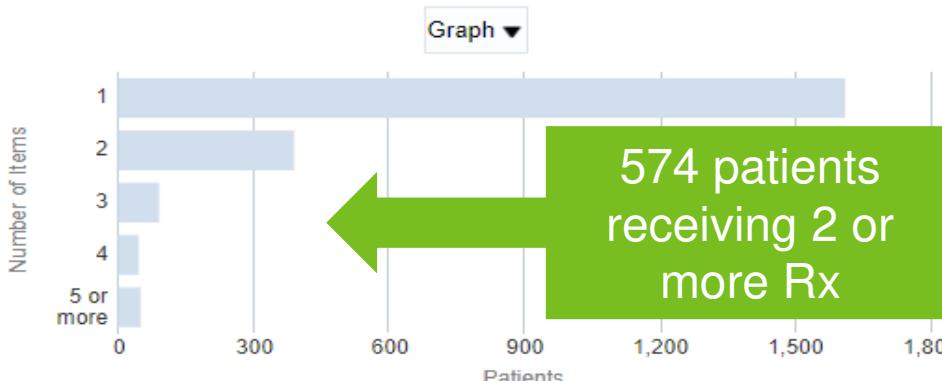
Numerator Definition Denominator Definition

Graph - per 1,000 Patients ▾

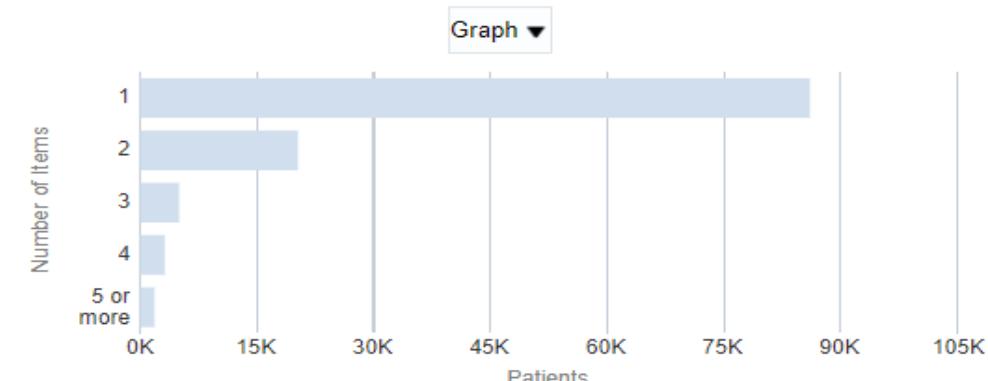


Refresh - Print - Export

OP06 - Multiple items of Morphine sulfate 10mg/5ml oral solution by number of items
ICB NHS COVENTRY AND WARWICKSHIRE INTEGRATED CARE BOARD
Period 11 July 2022 to 07 August 2020 Gender Female, Male Age Range (All Column Values)



OP06 - Multiple items of Morphine sulfate 10mg/5ml oral solution by number of items
National Level
Period 11 July 2022 to 07 August 2020 Gender Female, Male Age Range (All Column Values)



What are the key challenges/barriers faced when reducing the use of opioids for non-cancer pain?

What are the ideas/solutions to the challenges identified?

small
actions



lots of
people

BIG
CHANGE

Medicines Safety Improvement Programme - Futures NHS workspace

Medicines Safety Improvement Programme



Medicines Safety in Care Homes



Opioids used for chronic non-cancer pain



Anticoagulant safety



Polypharmacy



Transfers of Care



Useful Links

<https://future.nhs.uk/MedicinesSafetyImprovement>

What action will you take to reduce harm from opioids?

Any Questions?

**For further information please get
in touch:**
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Thank you for
listening!